

Student Health Requirements Policy

Illinois Public Act 85-1315 requires that all students born after December 31, 1956 who enroll at least half-life (6 credits or more) in an Illinois post-secondary institution (college or university) must prove that they have immunity from certain communicable diseases: measles, diphtheria, tetanus, rubella, and mumps. Proof of immunity must be signed by a health care provider and be on file at the institution the student is currently attending.

THE FOLLOWING RECORDS ARE REQUIRED:

- MMR:** (measles, mumps, rubella)

If born after Dec. 31, 1956: Must show proof of 2 MMR vaccinations after one year of age or proof of immunity to measles, mumps, AND rubella in the form of a laboratory titer.

If born before Dec. 31, 1956: Exempt from the MMR requirement at this time.

Adults born after Dec. 31, 1956 should receive 2 doses (second dose of MMR vaccine, administered 4 weeks after the first dose) of MMR vaccine unless they have 1) a medical contraindication; 2) documentation of vaccination with 2 doses of MMR vaccine; 3) laboratory evidence of immunity (As taken from: <http://www.cdc.gov/mmwrPDF/wk/mm5901-Immunization.pdf>).

- VARICELLA ZOSTER VIRUS:** (Chicken Pox)

All students: If you have not had the chicken pox, a laboratory titer showing immunity to Varicella Zoster Virus will be accepted in lieu of proof of vaccination. If you have had the chicken pox, please mark "Y" for yes on the Health History form and **have the physician sign off on that form**. All adults without evidence of immunity to varicella should receive 2 doses of single-antigen varicella vaccine if not previously vaccinated or the second dose if they have received only 1 dose. Evidence of immunity to varicella in adults includes any of the following: 1) documentation of 2 doses of varicella vaccine at least 4 weeks apart; 2) history of varicella based on diagnosis or verification of varicella by a health-care provider or 3) laboratory evidence of immunity or laboratory confirmation of disease. Pregnant women should be assessed for evidence of varicella immunity. Women who do not have evidence of immunity should receive the first dose of varicella vaccine upon completion or termination of pregnancy and before discharge from the health-care facility. The second dose should be administered 4-8 weeks after the first dose (As taken from: <http://www.cdc.gov/mmwr/PDF/wk/mm5901-Immunization.pdf>).

- TETANUS/DIPHTHERIA:**

All students: Must show proof of current tetanus/diphtheria vaccination (within the last 10 years).

- **HEPATITIS B:** (series of 3 vaccinations over 6 months)

New Admits: Proof of 1st Hepatitis B vaccination must be provided. Proof of completion must be submitted to MC within 6 months.

Complete a 3-dose series of hepatitis B vaccine to those persons not previously vaccinated. The second dose should be administered 1 month after the first dose; the third dose should be administered at least 2 months after the second dose (and at least 4 months after the first dose). A laboratory titer showing immunity to Hepatitis B will be accepted in lieu of proof of vaccination. (As taken from: <http://www.cdc.gov/mmwr/PDF/wk/mm5901-Immunization.pdf>).

- **TB SKIN TEST:**

All students: Must show proof of a 2-step TB test **administered AFTER September 1, 2013.** (Two separate TB skin tests 1-2 weeks apart.) If you have had a positive TB skin test in the past, you must provide a copy of a chest x-ray within the last five years showing no evidence of TB disease.

PLACES TO LOCATE A COPY OF YOUR IMMUNIZATION RECORDS ARE:

- Your high school or prior colleges attended
- Family or childhood physician
- Employee health office at places of employment (if related to health care)