



**Methodist College**  
UnityPoint Health

Page # 1 of 1

Section: C -

Policy #: S-57

Approval:

*Dr. K. Q. A. J. A.*

Date: 08/15

Review by: 08/18

Date Revised: 07/08, 03/12, 08/15

Policy/Revision Submitted by:

**SUBJECT: Health and Wellness**

**I. POLICY:**

Methodist College is committed to the health and wellness of its students by providing the use of a student fitness center and a wellness center.

**II. GENERAL INFORMATION:**

**Student Fitness Center**

A Student Fitness Center is located on the third floor of the college and is open to all MC Residence Hall residents. Outside guests or students who live off campus are not permitted to use the Student Fitness Center.

The Student Fitness Center is closed during College holidays and may have reduced hours during scheduled breaks.

**Wellness Center**

A portion of the Student Development Fee allows the student to have a membership at the Methodist Wellness Center, which is located at the Atrium Building, 900 Main Street, Peoria. All Methodist College students (full- and part-time) can utilize the Wellness Center. To be admitted to the Wellness Center, the student must present his or her MC identification.