Methodist College Academic Minors



A minor is a program of study, with less depth than a major, but complements your major or can be completed in addition to your major. Completing a minor sets students apart from other professionals graduating with the same degree who have not pursued a minor. Methodist College students electing a minor can meet with an advisor from participating faculty to help guide them in choosing courses to fulfill the requirements of the minor. A minor has a minimum of 15 credit hours (minimum of three (3) lower division, minimum of nine (9) upper division credit hours, and remaining three (3) from either lower or upper division). A maximum of six transfer credits can be applied toward an academic minor. A minor must be an elective choice - a student cannot be required to complete one as part of the requirements for a major.

Arts & Humanities Minor

The field of humanities includes the study and interpretation of language, literature, linguistics, history, philosophy, archaeology, comparative religion, ethics, the appreciation of the arts, and social sciences. Methodist College believes that the humanities are integral to developing critical thinking, compassion, and a robust understanding of the human condition. This level of understanding is not only important for professional entering healthcare and human services, but is essential to greater civic engagement and understanding.

Selection of Lower Division Courses

ART101: Visual and Performing Arts ART102: The Renaissance Artist HST101: Eastern and Western Religions HUM101: Storytelling and the Human Experience LIT101: Literary Expression and Genre LIT102: From Screen to Script LIT103: Exploring Theme and Theory in Literature and Cinema PHL101: Philosophical Inquiry PHL102: Introduction to Ethics THE101: Introduction to Theatre ART/HST/HUM/LIT/PHL/THE109 or 209: Special Topics Courses

Selection of Upper Division Courses

ART301: Exploring the Body ENG301: Finding Yourself Somewhere Else HST301: Suffering and Forgiveness HUM301: The Legacy of Literature: Theme, Theory and the Humanities HUM302: A City Speaks LIT301: Healthcare Portrayals in Literature PHL300: Applied Ethics PHL301: Philosophy of Human Psyche PHL302: Sacrifice in Literary, Philosophical, and Biblical Writings

PHL303: Knowledge and Humility ART/HST/HUM/LIT/PHL/THE309: Special Topics Courses

Diversity, Equity and Inclusion Studies Minor

The Diversity, Equity, & Inclusion Studies Minor is an interdisciplinary course of study focusing on the awareness, understanding, analysis, and application of concepts, theories, and issues related to diverse populations, in our community and beyond, and the struggle with and need for equity and inclusion.

Note: every semester the Methodist College Liberal Arts and Sciences Congress may approve additional courses to be included in the Diversity, Equity, & Inclusion Studies Minor based on the content a specific faculty chooses to teach. Those courses will be designated in the student information system. Additionally, the Director of Academic Advising will maintain a list of these courses.

Selection of Lower Division Courses

HST101: Eastern & Western Religions SOC101: Social Forces SW273: Cultural Humility

Selection of Upper Division Courses (selection of at least one theory course indicated by asterisk) ENG301: Finding Yourself Somewhere Else* HST301: Suffering & Forgiveness* HUM302: A City Speaks HUM303: Identity & Sexuality* N304/HS304: Transcultural Healthcare SW370: Human Behavior in the Social Environment

Mathematics and Science Minor

The Mathematics and Science Minor develops careful problem solving, critical thinking and comprehensive communication of ideas and complex concepts. The development of mathematical and scientific skills is ideal for professions in healthcare and human services. The robust curriculum in the minor encourages exploration in a variety of topics.

Selection of Lower Division Courses

BIO101: Anatomy & Physiology I BIO102: Anatomy & Physiology II BIO201: Microbiology MAT101: Concepts of Math MAT201: Statistics BIO/CHM/PHY/MAT109: Special Topics Courses

Selection of Upper Division Courses BIO301: Human Genetics BIO302: Immunology BIO303: Medical Microbiology CHM301: Organic & Physiological Chemistry MAT400: Statistics BIO/CHM/PHY/MAT209 or 309: Special Topics Courses

Philosophy Minor

Coursework in philosophy as offered at our College helps to cultivate analytic thinking skills, empathy, cultural awareness, and ability to approach various topics from multiple angles. A minor in philosophy will allow students to analyze in depth topics in philosophy, but also to apply philosophical concepts to their major plan of study.

Selection of Lower Division Courses

PHL101: Philosophical Inquiry and Modalities PHL102: Introduction to Ethics PHL109 or 209: Special Topics in Philosophy

Selection of Upper Division Courses

PHL300: Applied Ethics PHL301: Philosophy of the Human Psyche PHL302: Sacrifice in Philosophical, Literary, and Biblical Writings PHL303: Knowledge and Humility PHL309: Special Topics in Philosophy

Psychology Minor

The Psychology minor benefits students in many practical ways. The curriculum of this program can enhance the challenges that a person pursuing a degree in nursing/health sciences/ pre-professional studies may face in their future professional lives. We believe that intense study of the courses that comprise the psychology minor can help develop students personally as well. Students graduating with a degree in nursing/health sciences/pre-professional studies from Methodist College who elect this minor course of study will be prepared to assume leadership roles as they steer healthcare organizations and communities toward meaningful goals.

Selection of Lower Division Courses

PSY101: Psychological Inquiry and Applications (in disciplines in which this course is not a Core Course for the Major) PSY201: Developmental Psychology PSY203: Personality Psychology PSY109 or 209: Special Topics in Psychology

Selection of Upper Division Courses

PSY301: Abnormal Psychology PSY302: Adult Development and Aging PSY303: Death and Dying PSY310: Organizational Behavior PSY401: Health Psychology PSY309: Special Topics in Psychology

Social & Behavioral Sciences Minor

Social and Behavioral Sciences focus on human interaction, behavior, and social context. This minor explores the mental, emotional, and social well being of a population. Therefore, this minor relies on courses from a number of disciplines such as psychology, sociology, political science, economics, and gerontology. The breadth of this minor facilitates a deep understanding of human behavior and humans in functioning in organizations and institutions. A deeper understanding of human behavior in a dynamic social world is advantageous for professionals in healthcare and human services.

Selection of Lower Division Courses

ECN101: Economics Principles and Systems POL101: Political Science, Advocacy, Civility PSY101: Psychological Inquiry and Applications PSY201: Developmental Psychology PSY203: Personality Psychology SOC101: Social Forces ECN/GER/POL/PSY/SOC109 or 209: Special Topics

Selection of Upper Division Courses

GER300: Biophysical Aspects of Aging and Health Promotion GER301: Social Gerontology GER320: Aging and Mental Health PSY301: Abnormal Psychology PSY302: Adult Development and Aging PSY303: Death & Dying PSY310: Organizational Psychology PSY401: Health Psychology SOC400: Social, Economic, and Political Influences on Healthcare ECN/GER/POL/PSY/SOC309: Special Topics

Students interested in pursuing a minor, should make an appointment with the appropriate advisor from participating faculty for additional information. A full description of all minors is available in the Methodist College catalog which can be found online at:

www.methodistcol.edu/academic-calendar-and-catalog

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